

APPLICATION INSTRUCTIONS

Application Deadlines

To apply for the 300-hour Professional Program we strongly encourage you to apply before the early registration deadline. Because this program is only offered every other year it fills up quickly. Keep in mind that mentors are matched with apprentices 3-4 weeks prior to the program start date. Last minute applications will be accepted if there is space in the program.

300-Hour Professional Program application requirements

- 300-hour Professional Program Application
- Payment Information & Program Participation Agreement
- 300-hour Professional Program Mentor Information Form

Please note: To be accepted into the 300-hour Professional Program, applicants are required to have completed a 200-hour Teacher Training Program.

→ To reserve your place in the training, you must submit the complete application along with a **minimum \$500 non-refundable deposit**.

You have three options for submitting your completed application:

- Email your application to Taffy Frost at info@yogatree.com. Please title your subject line "Application for 300-hour program".
- Mail your application to The Yoga Tree: The Yoga Tree, 4250 Fremont Ave. N., Seattle, WA 98103,
- Drop off your application at The Yoga Tree

This page is a checklist included to help you with the application process and **DOES NOT** need to be submitted along with your application.

Thank you!

300-HOUR PROFESSIONAL PROGRAM APPLICATION

Personal Information

Name _____ Today's Date (M/D/YYYY) _____

Address Line 1 _____
Address Line 2 _____

City _____ State _____ Zip Code _____

Home Phone _____ Work/Cell Phone _____

Email Address _____ Occupation _____

Emergency Contact:

Name	Phone	Relationship
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Check here if you are currently on a monthly auto renew and need it to be placed on hold for the duration of your unlimited yoga pass

Start date of training you are applying for (MM/YYYY): _____

Location:

Seattle, WA

How did you first learn about the YogaWorks 300-hour Professional Program?

<input type="checkbox"/> The Yoga Tree	<input type="checkbox"/> Facebook Ad
<input type="checkbox"/> Internet Search	<input type="checkbox"/> Friend
<input type="checkbox"/> My yoga teacher recommended it	<input type="checkbox"/> Conference
<input type="checkbox"/> Yoga Journal Advertisement	<input type="checkbox"/> Other: _____

Medical History

Please complete the medical history section below so that we can be sure to respond to any emergencies should they arise during your training. Please note that none of your responses would exclude you from being accepted into the program.

1. How would you evaluate your current health?

Excellent
 Good
 Fair
 Some challenges (Briefly describe) _____

2. Do you suffer from any of the conditions below?

Epilepsy
 Diabetes
 Pregnant, plan to become pregnant during the course of the training
 No, I do not suffer from the above conditions to my knowledge

3. Please list medications you are taking that were prescribed to you by a health care professional:

About Your Teacher Training History

Please note: To be accepted into the 300-hr Professional Program, applicants are required to have completed a 200-hr Teacher Training program.

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4. Is there anything else we should know about your medical history?
-

1. Did you complete your 200-hr Teacher Training program with YogaWorks?

- Yes (please proceed to question #3)
 No

2. If you did not complete your 200-hr Teacher Training program with YogaWorks:

Where did you complete your training? _____

Who were your instructors in the training? _____

When did you complete your training?
(Month/Year) _____

Please submit the following along with your application:

- A copy of your diploma or letter of completion
- A copy of your program's syllabus or a letter from your trainer describing the content of the program.

*If you did not graduate from a YogaWorks 200-hr Teacher Training program, you will be required to participate in the **YogaWorks Bridge Program**. We have included this weekend-long program as a required Weekend 0 in your Professional Program, This is to ensure that you have gained the foundational vocabulary and principles taught in the 200-hour Teacher Training which are reinforced in the 300-hour Professional Program. Note - there is normally an additional fee of \$300 for this program, however, we have included this program at no extra charge.*

3. Are you currently teaching yoga?

- Yes
 No

If yes, where? _____

What class level(s)? _____

How many classes a week? _____

4. Briefly describe your yoga practice. Do you have a home practice?

Please write a one-page essay addressing the following:

- Why do you want to continue your yoga teacher training?
 - What qualities or previous experiences do you possess which you feel will contribute to your experience in the Professional Program and subsequently to you as a teacher? *Include here any other training you have taken that you believe will be an asset to you in the training (e.g. massage, bodywork, anatomical study, teaching, etc.)*
 - What are your career aspirations? Ideally, what would you like to do after the professional program? Are you interested in YogaWorks Certification?
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PAYMENT INFORMATION

\$500 non-refundable deposit is due with your application. Full payment is required no later than the start of the program unless you are on a payment plan.

I am paying by check. Please mail the check with your application to the appropriate address on the **Application Instruction** page. **Please include driver's license number, State and expiration date on the front of your check.*

I am paying by credit card. MasterCard Visa American Express
Credit Card # _____ Expiration Date _____
Name as it appears on the card: _____

Is your billing information the same as your mailing address?

Yes

No. My billing address is: _____

_____ City

_____ State

_____ Zip Code

I hereby authorize the above payment of

\$ _____

Please initial: _____

PROGRAM PARTICIPATION AGREEMENT

I understand that if I fulfill all the requirements of the YogaWorks Teacher Training, including in-class hours, homework, quizzes and final exam, I will receive a letter of completion, which can be submitted to the Yoga Alliance or a prospective employer as evidence that I have completed a 300-hour Professional Program.

I understand that YogaWorks reserves the right to ask me to leave the program if my behavior is inappropriate, unethical or violates the Yoga Alliance ethical guidelines. Under such circumstances I understand I will not be refunded my tuition.

I understand that if I cancel 14 days prior to the start of the training, my deposit may be transferred toward a future Professional Program and will be refunded my remaining balance. If I cancel within 14 days of the start of the training, I will forfeit my \$500 deposit but my remaining balance will be refunded. Once the program begins, tuition is non refundable and non-transferable.

I understand that all YogaWorks Teacher Training materials are under copyright protection and cannot be reproduced by me without the permission of the author. Failure to comply may result in legal action.

I have read and accept the above terms and requirements:

Yes No
